

ALLISON KUFTA

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EDUCATION

August 2022 – Present

University of Illinois at Chicago, College of Medicine, IL

Doctorate of Medicine, Anticipated 2026

May 2017 – November 2020

Truman State University, Kirksville MO

Bachelor of Science in Biology, *Summa Cum Laude*

RESEARCH

July 2022 – Present

Dr. Ali R. Djalilian MD, UIC Department of Ophthalmology and Visual Sciences

Craig Medical Student Summer Fellowship and Research Assistant

- Conducting an experiment using a murine animal model–Comparison of the Wound Healing Effects of Intrastromal Injection of Mesenchymal Stem Cells Derived from Human Cornea and Bone Marrow.
- Also involved in Keratoconus and Keratitis Registry project.

January 2023 – Present

Dr. Ann Van Tran, MD, UIC Department of Ophthalmology and Visual Sciences

Research Assistant

- Currently involved in the creation of a database of thyroid eye disease patients. This involves detailed chart review and learning ImageJ.

May 2021 – July 2022

Dr. Benjamin Domb, MD, American Hip Institute

Clinical Research Intern and Surgical Observership

- Developed programs to automate operative report creation and research data collection. Worked as a scribe and medical assistant in clinic in addition to extensive surgical observation.

- Collaborated with physicians and colleagues on several manuscripts.

August 2018 – June 2021

Clayton Dillavou, MS, Department of Biology, Truman State University

Research Assistant

- Conducted research on various strains of fungi to isolate high cellulase producers. I participated in spore preparation, inoculation, staining, and scientific photography.

PUBLICATIONS & PRESENTATIONS

Peer Reviewed Articles

- Maldonado DR, **Kufta AY**, Krych AJ, et al. Primary Hip Arthroscopy for Femoroacetabular Impingement Syndrome in Adolescents Reported Excellent Outcomes and High Clinical Benefit Achievement Rates at a Minimum 2-Year Follow-Up. A Multi-center Analysis. *Arthroscopy: The Journal of Arthroscopic & Related Surgery*. Published online December 2022:S0749806322007642.
[doi:10.1016/j.arthro.2022.11.020](https://doi.org/10.1016/j.arthro.2022.11.020)
- **Kufta AY**, Maldonado DR, Go CC, Perez-Padilla PA, Domb BG. Hip Arthroscopy Reimbursement Fell by 16.6% on Average Between 2011 and 2022. *Arthroscopy, Sports Medicine, Rehabilitation*. Published online December 2022.
<https://doi.org/10.1016/j.asmr.2022.10.009>

Submitted

- Domb BG, **Kufta AY**, Paraschos OA, Harris WT, Sebtian PW, Perez-Padilla PA. Sex-Based Differences in Arthroscopic Treatment of Femoroacetabular Impingement: 10-Year Outcomes with a Nested Propensity-Matched Comparison. *American Journal of Sports Medicine*.

Poster Presentations

- **Kufta AY**, Andrews K, Sempertegui CD, Dillavou CL. Examination of Cellulase Gene Expression in Various Fungal Species for the Improvement of Biofuel Production. Poster Presentation. Truman State University Student Research Conference. Kirksville, Missouri. April 2019.
- Maldonado DR, **Kufta AY**, Go CC, Padilla P, Lall AC, Domb BG. Hip Arthroscopy Reimbursement Fell by 16.6% on Average Between 2011 and 2022. Poster Presentation. International Society of Hip Arthroscopy (ISHA) Annual Meeting. Glasgow, Scotland. October 2022.
- **Kufta AY**, Xiao C, Wang D. Ocular Manifestations of Marfan's Syndrome. Poster Presentation. University of Illinois at Chicago College of Medicine Mentors Program Poster Symposium. Chicago, Illinois. March 2023.

- Padilla P, **Kufta AY**, Paraschos OA, Sabetian PW, Harris T, Domb BG. Sex Based Differences in Arthroscopic Treatment of Femoroacetabular Impingement: 10-Year Outcomes with a Nested Propensity-Matched Comparison. Podium Presentation. Mid-American Orthopaedic Association Annual Meeting. Miramar Beach, Florida. April 2023.
- Domb BG, Maldonado DR, **Kufta AY**, et al. Primary Hip Arthroscopy for Femoroacetabular Impingement Syndrome in Adolescents Improves Outcomes and Clinical Benefit Achievement Rates at Short-Term Follow-Up. A Multi-center Analysis. Poster Presentation. Eastern Orthopaedic Association Annual Meeting. Charleston, South Carolina. October 2023.

Book Chapters

Accepted

- Lall AC, Harris WT, **Kufta AY**. Circumferential Knotless All-Suture Labral Reconstruction of the Hip: The Pull-Through Technique. In *Intra- and Extra-Articular Pathologies about the Hip*.

Digital Paintings

- **Kufta, AY**. *Seasonal Change*. 2021, Private collection. *The Sheepshead Review*, Spring 2021, UW-Green Bay, p. 88.
- **Kufta AY**. *Cardiac Kintsugi*. 2023, Private collection. *MedMic*, August 2023, <https://medmic.com/cardiac-kinstugi/>

PROFESSIONAL EXPERIENCE

May 2028 – July 2020

Cicero Medical Clinic San Lazaro

Family Medicine Scribe and Medical Assistant

- Improved workflow by implementing templates and created patient education documents in English and Spanish.

TEACHING EXPERIENCE

January 2020 – March 2020

Department of Biology, Truman State University

Anatomy Teaching Assistant

- Prepared labs and taught undergraduate students in a cadaver-based anatomy lab. Created an extensive resource guide to students when COVID transitioned the class to virtual format.

ACTIVITIES & SERVICE

September 2022 – March 2022

Urban Health Program, University of Illinois at Chicago

Team Leader for UHP Mini Health Professions Program

- I mentored and prepared activities in a pilot program designed to expose underrepresented middle school students to the health professions.

September 2022 – Present

American Medical Women's Association

President, Social Media Chair, local chapter

- As the president, I am overseeing the organization and serving as a liaison to the national chapter as well. I ran the social media accounts to educate and spread awareness for the events I help plan, such as a domestic violence workshop, a sticker sale to benefit a local women's shelter, and a mentorship panel. Through the mentorship program, I mentor two undergraduate students one on one.

October 2013 – Present

Freelance Art Business

Founder

- Created a website to share art resources as well as sell my artwork. It has since evolved into a business and community with over 40,000 followers on social media.

PROFESSIONAL AFFILIATIONS

American Medical Association – September 2022

Student National Medical Association – September 2022

American Medical Women's Association – August 2022

YoungMD Connect – July 2023

HONORS AND AWARDS

Phi Beta Kappa, Fall 2019

John Kirk Memorial Scholarship, 2017

Pipefitter's Local 597 Scholarship, 2017

Adobe Project 1314 + AIGA Design Finalist, 2018

Biorender Visual Abstract Semi-Finalist, 2020

INTERESTS AND HOBBIES

Long-distance running

- 2022 Chicago Spring Half Marathon
- 2019 Chicago Marathon and raised \$1,850 for St. Jude's Children's Research Hospital
- 2019 Chicago Spring Half and Hospital Hill Half Marathon in Kansas City

Art (digital and traditional painting)

- Freelance artist – portrait commissions and prints. Paintings viewable at <https://allisonkufta.com>.
- Community volunteer for Art While Apart charity – 7 portraits donated

Reading, cooking, website design